

HOW TO GET YOUR

*Life*  
BACK

**WEEK SEVEN** | *Hopeful Contentment*



"I rejoiced greatly in the Lord that at last you renewed your concern for me. Indeed, you were concerned, but you had no opportunity to show it. I am not saying this because I am in need, for I have learned to be content whatever the circumstances. I know what it is to be in need, and I know what it is to have plenty. I have learned the secret of being content in any and every situation, whether well fed or hungry, whether living in plenty or in want. I can do all this through him who gives me strength."

**-Philippians 4:10-13 (NIV)**





**WHAT CONTENTMENT IS:**

1. Contentment is not the same as \_\_\_\_\_.
2. Contentment is something you \_\_\_\_\_.
3. Contentment is based on \_\_\_\_\_ you are, not \_\_\_\_\_ you are.

