



Discussion Questions

1. What are the signs that let you know when you've been sucked back into the madness of this crazy world?
2. What are your top three positive barometers for how your soul is doing; and what is it specifically about these things that reveal your soul is thriving?
3. What are your top three negative barometers for how your soul is doing; and what is it specifically about these things that reveal how your soul is struggling?"

